

# Rosary, the Path to Peace

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When we hear of wars or we experience a war, we are quick to condemn them. They are evil, we declare. But where does war begin? It begins from the human mind. When a person feel insecure, or distrust another, he or she begins to infect those around him or her with his or her deepest feeling. Then, he or she gets allies, and there is a "us vs them".

So, how does the Rosary end wars? It begins by affirming the individual. It draws us out of our own realities into the reality of God's mysteries. Then, we realise, we are loved by the Father. This heals our feelings of insecurity and distrust. It opens us to the goodness hidden in the other, who we hitherto considered evil. That is what the "Our Fathers" do.

The "Hail Marys" on the other hand remind us: we are not alone. We have company, Mary who ponders with us "the God who can do great things", including ending the war within us. This, too, gives us a sense of security that leads to peace; that destroys the hostility created by "us vs them". Thus, when we pray the Rosary, we walk the path to peace.

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