

# WELCOME TO THE CATHEDRAL PARISH OF SAINTS MARY & JOSEPH

132 DANGAR St (PO Box 2025)  
ARMIDALE 2350 PH 6772 2218

[office@smjcathedral.org.au](mailto:office@smjcathedral.org.au)  
[www.smjcathedral.org.au](http://www.smjcathedral.org.au)



## Making "Catholic" matter !

- Faithful to the Teaching of the Apostles
- Faithful to Prayer
- Faithful to the Breaking of the Bread
- Alive in the Community of the Spirit
- Sharing what we have with those in need

Acts 2:42-46

## 5<sup>TH</sup> SUNDAY IN ORDINARY TIME (C/2)

Sunday 7<sup>th</sup> February 2016

Psalter Week 1



## Making Church matter .....

### ENTRANCE ANTIPHON

Ps 94: 6-7

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

### COMMUNION ANTIPHON

Mt 5: 5-6

Blessed are those who mourn, for they shall be consoled. Blessed are those who hunger and thirst for righteousness, for they shall have their fill.

## LITURGY THIS WEEK

SAT: 9.15AM; 6PM VIGIL MASS

SUN: 8AM; 10AM; 5.30PM

MON: 7AM; 12.30PM Cathedral

2PM Funeral Mass for Natasha Scully

TUE: 7AM; 9.15AM Cathedral

WED: **Ash Wednesday – Lent 2016 begins**

7AM; 9.15AM Cathedral (St Mary's & O'CCC)

9.15AM De La Salle Chapel O'CCC;

12.30PM; 5.45PM Cathedral

THU: 7AM; 9.15AM Cathedral

11AM Autumn Lodge

FRI: 9.15AM Cathedral;

5PM Stations of the Cross;

5.40PM Cathedral

SAT: 9.15AM; 6PM VIGIL MASS

## SACRAMENT OF PENANCE

FRI: 5-5.30PM

SAT: 11.30AM-12NOON; 4.30-5.30PM



## Gospel Reflections for Married Couples

7 February | 5<sup>th</sup> Sunday in Ordinary Time

In this week's Gospel, Jesus after teaching at the shore asks some fishermen (Simon Peter and his companions) to put out their nets. They must have been thinking "what would a carpenter's son know about fishing?" Yet their catch was SO extra ordinary that they "left everything and followed him." We might wonder what Christ would know about our marriage and the challenges of married life. Perhaps his is also calling you to "not be afraid" and trust that He is with you and your spouse. How could you "follow" Him this week?

[www.smartloving.org](http://www.smartloving.org)

A Reflection by Karen and Derek Boylen

## ROSARIES THIS WEEK:

**Monday 8<sup>th</sup> February** at 1.30pm in the Cathedral prior to the Funeral Mass for Natasha Scully. **Tuesday 9<sup>th</sup> February**, in the home of Christine Walsh, 6 Phyllis Cres, at 7.30pm.

**Wednesday 10<sup>th</sup> February** at Autumn Lodge at 2.30pm.

**Thursday 11<sup>th</sup> February**, prior to the 9.15am Mass for the Feast of Our Lady of Lourdes.

All welcome.

## Sunday Afternoons in Lent....Priests lead a

'soft' reflection on the Lenten Scriptures in the Parish Centre...3pm to 4.30pm....please register interest at the Parish Office...

## Awakening the Faithful.....

**CWL NEWS**...Coffee Morning at Knights Store, Mann St, Thursday 11<sup>th</sup> February @ 9.30 am. Mass will follow at Autumn Lodge, 11 am. All are welcome.



## Armidale menALIVE small groups

All men in the parish are invited!

As we are starting on Ash Wednesday we will begin with a reflection on Lent.

**When:** Wednesday 10 February. **Venue:** Holy Family Parish Centre, Saints Mary and Joseph Cathedral (entrance via Dangar Street, Armidale). **Time:** 6:30pm – 8.00pm.  
Can current members please rsvp. Contact Cathedral office or [armidalemenalive@gmail.com](mailto:armidalemenalive@gmail.com)

## Across the Generations.....



Please take home a box and/or a set of Lenten donation envelopes & support Caritas Australia as we celebrate 50 years

of Project Compassion. You will be helping to empower the world's poorest people with vital learning and renewed hope.

[www.caritas.org.au/projectcompassion](http://www.caritas.org.au/projectcompassion) 1800 024 413



Fr Francis celebrates his **FIRST ANNIVERSARY** of Ordination to the Priesthood next Saturday 13<sup>th</sup> February... Congratulations & well done!!

## REMEMBER IN YOUR PRAYERS THIS WEEK:

**RECENTLY DECEASED:** Natasha Scully (Funeral Mass Monday 8<sup>th</sup> Feb, 2pm in the Cathedral), Imelda Windsor (Woollahra), John Power (Sydney), Narelle Bell, Fr Fabian Osang (Nigeria), Victor Dos Santos (East Timor), James Froome, Phyllis Smith, Creena Waters, Dr S Dhillon (Malaysia) **ANNIVERSARIES:** Billie Ash, Theodore Silvas, Desmond Howard, Roger O'Connor, Keith Hutchinson, Malcolm Ahoy, Fred Hiscox **SICK:** Betty Cox, Ghodsi Amini, Mark Norman, Geraldine Giannikas, Susan Maye, Michael Zhu, Michael Moloney, Aeron Ryan, Helen Hesketh, John Fleming, Laurie Fahy, Blake Ross, Gemma Milliken, Joseph O'Brien, Lorraine Gray, Deacon Peter Harrison, Frederic Koelmeyer, Kay Robertson, Sandra Devine, Maureen Veitch, Maria Selvey, Russell Wicks, Eleanor Pankhurst, Kay Goodwin, Michael Hartmann

## ROSTERS THIS WEEKEND 7<sup>TH</sup> FEBRUARY 2016

**WELCOMERS:** 6pm Vigil: R Davis 8am: D Miron 10am: Tindale Family 5.30pm: P Stier **READERS:** 6pm Vigil: J Atchison, M Atchison 8am: S Fleming, F Miron 10am: A Herden, L Herden 5.30pm: M Beeby, P Boston **PRAYERS OF THE FAITHFUL:** 6pm Vigil: N Brennan 8am: M Barrett 10am: L Quast 5.30pm: T Frazier **EM's:** 6pm Vigil: R Judge 8am: K Barrett 10am: C West 5.30pm: D Steller **COUNTERS:** T Zagami, M Beeby, G Burdett **CLEANERS:** Majellan Mothers Club

## ROSTERS NEXT WEEKEND 14<sup>TH</sup> FEBRUARY 2016

**WELCOMERS:** 6pm Vigil: J Fitzgerald 8am: J Miller 10am: McGrath Family 5.30pm: D Steller **READERS:** 6pm Vigil: I Clark, S Clark 8am: L Fitzgerald, T Funnell 10am: G Toakley, J Toakley 5.30pm: S Frazier, R Menz **PRAYERS OF THE FAITHFUL:** 6pm Vigil: R Clark 8am: B Mackson 10am: L Tindale 5.30pm: J Roff **EM's:** 6pm Vigil: C Stephen 8am: M Howie 10am: S Bamford 5.30pm: K Steller **COUNTERS:** Miller/Lowe Team **CLEANERS:** Volunteers

## How do we "do" Lent in our parish 2016 ??



→ Catechumens prepare for sacred Christian Initiation at East Vigil.....

→ Attending Mass on Ash Wednesday and receiving the blessed ashes & by putting our family names on the roster for '40' Families for Forty Days....7am Mass Mon/Tues/Thurs.

→ By joining "Sunday Afternoons in Lent" - (Scripture reflection with the priests) – register at Parish office. (Fr Tim McCarthy Meeting Room)...

→ The sacrament of Penance/ Confession/ Reconciliation during Lent.

→ By Fasting and Abstaining on Ash Wednesday and Good Friday (and abstaining from meat on all the Fridays of Lent! In response to the Bishop's call for us to make reparation for sin of Child abuse in the Church).

→ By attending the Stations of the Cross on Friday evenings at the Cathedral 5pm & then Holy Mass

→ Put something 'violet coloured' up at home to remind the family – 40 days of Lent.

→ By giving up something we like and putting the money toward PROJECT COMPASSION.

→ Reading reflectively Pope Francis' Lenten Message 2016..... (just Google same or travel to [www.vatican.va](http://www.vatican.va) or [www.zenit.org/english](http://www.zenit.org/english)) ...copies available at Cathedral entrance.

**Special collection for Catechetics next weekend 13/14th February.**